

## November

### Breakfast Menu

Monday



Tuesday

**11/01/23-11/03/23**

WEDNESDAY

1%Milk  
Orange Juice  
Sausage Pancake  
Roll

THURSDAY

1%Milk  
Banana  
Cereal  
Cherrios

FRIDAY

1%Milk  
Egg In A Cup  
Pineapples  
Toast/Jelly

MONDAY

1%Milk  
Strawberries  
Waffles

TUESDAY

1%Milk  
Egg In A Nest  
Orange Juice  
Toast/Jelly

WEDNESDAY

1%Milk  
Mix Berries  
Cream Cheese  
Bagel

THURSDAY

1%Milk  
Peaches  
Cinnamon  
Toast

FRIDAY

1%1%Milk  
Banana  
Oatmeal Square  
Cereal

**11/06/23-11/10/23**

MONDAY

1%Milk  
Blueberries  
French  
Toast

TUESDAY

1%Milk  
Applesauce  
Cheese  
Toast

WEDNESDAY

1%Milk  
Orange Juice  
Sausage Pancake  
Roll

THURSDAY

1%Milk  
Banana  
Life  
Cereal

FRIDAY

1%Milk  
Pineapples  
Egg In A Cup  
Toast/Jelly

**11/13/23-11/17/23**

MONDAY

1%Milk  
Strawberries  
Waffles

TUESDAY

1%Milk  
Orange Juice  
Egg In A Nest  
Toast/Jelly

WEDNESDAY

1%Milk  
Mix Berries  
Cream Cheese  
Bagels

THURSDAY

1%Milk  
Closed  
For  
Holiday



FRIDAY

1%Milk  
Closed  
For  
Holiday

**11/20/23-11/24/23**

MONDAY

1%Milk  
Blueberries  
French  
Toast

TUESDAY

1%Milk  
Applesauce  
Cheese  
Toast

WEDNESDAY

1%Milk  
Orange Juice  
Sausage Pancake  
Roll

THURSDAY

1%Milk  
Banana  
Kix  
Cereal

FRIDAY

**11/27/23-11/30/23**

### **IMPORTANT INFORMATION:**

If you are not able to attend as scheduled, please notify the center by phone or e-mail (270)827-2401 ext.210 or [paytonm@hesandefu.com](mailto:paytonm@hesandefu.com)

**The Elevate Center will dismiss at 11:30 am on November 22nd then we are closed the 23d and 24th for Thanksgiving**

**All personal belongings are to be kept in lockers for the day.**

# November Lunch



## 11/01/23-11/03/23

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1%Milk  
Chicken Parmesean  
Greenbeans  
Grapes  
2Garlic Rolls

1%Milk  
Mini Corn Dog  
Bake Beans  
Pears  
Wheat Thins

1%Milk  
Chicken Ranch  
Quesadilla  
Black Beans  
Baked Apples

## 11/06/23-11/10/23

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1%Milk  
Chicken/Gravy  
Greenbeans  
Dressing  
Roll

1%Milk  
Beef Roni  
Peas  
Applesauce

1%Milk  
Pepperoni Pizza  
Corn  
Oranges

1Milk  
Sloppy Joes  
Tator Tots  
Peaches  
Pretzels

1%Milk  
Meatball Sub  
Pasta/Sauce  
Pineapples

## 11/13/23-11/17/23

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1%Milk  
Chicken Ranch  
Quesadilla  
Black Beans  
Baked Apples

1%Milk  
Beef tacos  
Refried Beans  
Mandrian Oranges

1%Milk  
Chicken Parmesean  
Green Beans  
Grapes  
2Garlic Rolls

1%Milk  
Mini Corn Dogs  
Bake Beans  
Pears  
Wheat Thins

1%Milk  
Cheeseburger  
French Fries  
Fruit Cocktail  
Triscuits

## 11/20/23-11/24/23

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1%Milk  
Chicken/ Gravy  
Greenbeans  
Dressing  
Roll

1%Milk  
Pizza  
Corn  
Oranges

No Lunch  
EARLY  
DISMISSAL

CLOSED  
HOLIDAY

CLOSED  
HOLIDAY



## 11/27/23-11/30/23

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1%Milk  
Chicken Ranch  
Quesadilla  
Black Beans  
Baked Apples

1%Milk  
Beef Tacos  
Refried Beans  
Mandrian Oranges

1%Milk  
Chicken Parmesean  
Greenbeans  
Grapes  
2Garlic Rolls

1%Milk  
Mini Corn Dog  
Bake Beans  
Pears  
Wheat Thins